



# 2019 Stafford Race Series

Three 5kms or Kids (1/2 Mile, 1 Mile, 1 Mile) Races in 2019  
- First Race – April 6, 2019

Stafford Hospital Foundation and the Jeff Rouse Center have partnered to provide this 3 race series to keep runners moving in the 2019.

### 3 RACES & DATES:

- 1. Stafford Hospital's Spring Fever 5km (April 6, 2019) or Half-Mile at Stafford Hospital, Races are on Hospital grounds, Courthouse Road and Brooke Point High School.
- 2. Halloween 5km (Oct 26, 2019) or 1 Mile at Jeff Rouse Center, Races are on Mine Road and surrounding neighborhood.
- 3. Frosty 5km (Dec 14, 2019) or 1 Mile at Jeff Rouse Center, Races are on Mine Road and surrounding neighborhood. Held in conjunction with the Christmas in Stafford celebration.

### RACE SPECIFICS:

If you have any questions regarding a specific race please see:

- [www.racetimingunlimited.org](http://www.racetimingunlimited.org)
- Spring Fever 5km – [erin.supko@mwhc.com](mailto:erin.supko@mwhc.com)
- Halloween 5km and Frosty 5km - [kloescher@rousecenter.com](mailto:kloescher@rousecenter.com)

### REGISTRATION:

Register by filling out this form and return to Race Timing Unlimited or on-line at [www.racetimingunlimited.org](http://www.racetimingunlimited.org). When you fill out this form, you will be registered for all three races. Once registered for this series you will receive a t-shirt from each race at time of packet pickup

### COST:

**5km Race Series for all three races:** Until March 22, 2019 is \$70 and \$75 after March 22, 2019.

**Kids Race Series Intended of Kids 12 and younger for all three races:** Until March 22, 2019 is \$35 and \$40 after March 22, 2019.

### AWARDS:

After completing all three races, runners will receive a custom Stafford Race Series participation medal and shirt. Also, we will award the top three overall male and female finishers of the series, based on cumulative times of all three races. For the kids series, the awards will be for children born after April 6, 2006.

### SERIES SPECIFICS:

Runners must participate in ALL three races in the order to receive a Series medal and shirt.



## 2019 Stafford Race Series

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>				
<b>Date of Birth (mm-dd-yy)</b>					<b>Age</b>	<b>M/F</b>	<b>E-Mail Address</b>		<b>5 km Series Fees:</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Until Mar 22, 19 \$70
<b>Last Name</b>								<b>Phone</b>	After Mar 22, 19 \$75
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<b>Kids Series Fees</b>
<b>First Name</b>									Until Mar 22, 19 \$35
<b>Address</b>									After Mar 22, 19 \$40
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<b>Total Paid:</b> <input style="width: 50px; height: 20px;" type="text"/>
<b>City</b>					<b>State</b>	<b>Zip</b>			
<b>T-Shirt Size</b>	Small	Medium	Large	Small	Medium	Large	Adult	XL	

**WAIVER:** I understand that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including heat and/or humidity, the conditions of the road and traffic on the course, all such risk being known and appreciated by me. All fees are nonrefundable and non-transferable. Race will take place rain or shine, with the exception of extreme weather conditions or other unforeseen conditions that deem the race unsafe for participants and staff. All fees are nonrefundable. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the event, Race Timing Unlimited, Stafford Hospital, Stafford County, Newland, JRSSC and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. **PHOTO WAIVER:** The Participant waives any right that the Participant may have to inspect or approve the Images or finished version(s) incorporating images, including written copy that may be used in connection therewith. Participant agrees that Stafford Hospital, Newland and JRSSC exclusively own the copyright in these Images and Participant hereby waives any claims the Participant may have based on any usage of the Images or derived therefrom, including but not limited to claims for invasion of privacy, libel or infringement of copyright or trademark. Additionally, I acknowledge and agree that participation is voluntary and that I will not receive any compensation of any type associated with the taking or publication of these Images in Race Timing Unlimited, Stafford Hospital, Newland or JRSSC marketing materials or other publications. I acknowledge that publication of said Images confers no rights of ownership or royalties. Nothing in this release shall be construed as obligating Stafford Hospital, Newland & JRSSC to use these Images.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Or Parent Signature if under 18 \_\_\_\_\_

**Make checks payable to: Race Timing Unlimited**      **Mail to: Race Timing Unlimited, PO Box 8241, Fredericksburg VA 22404**